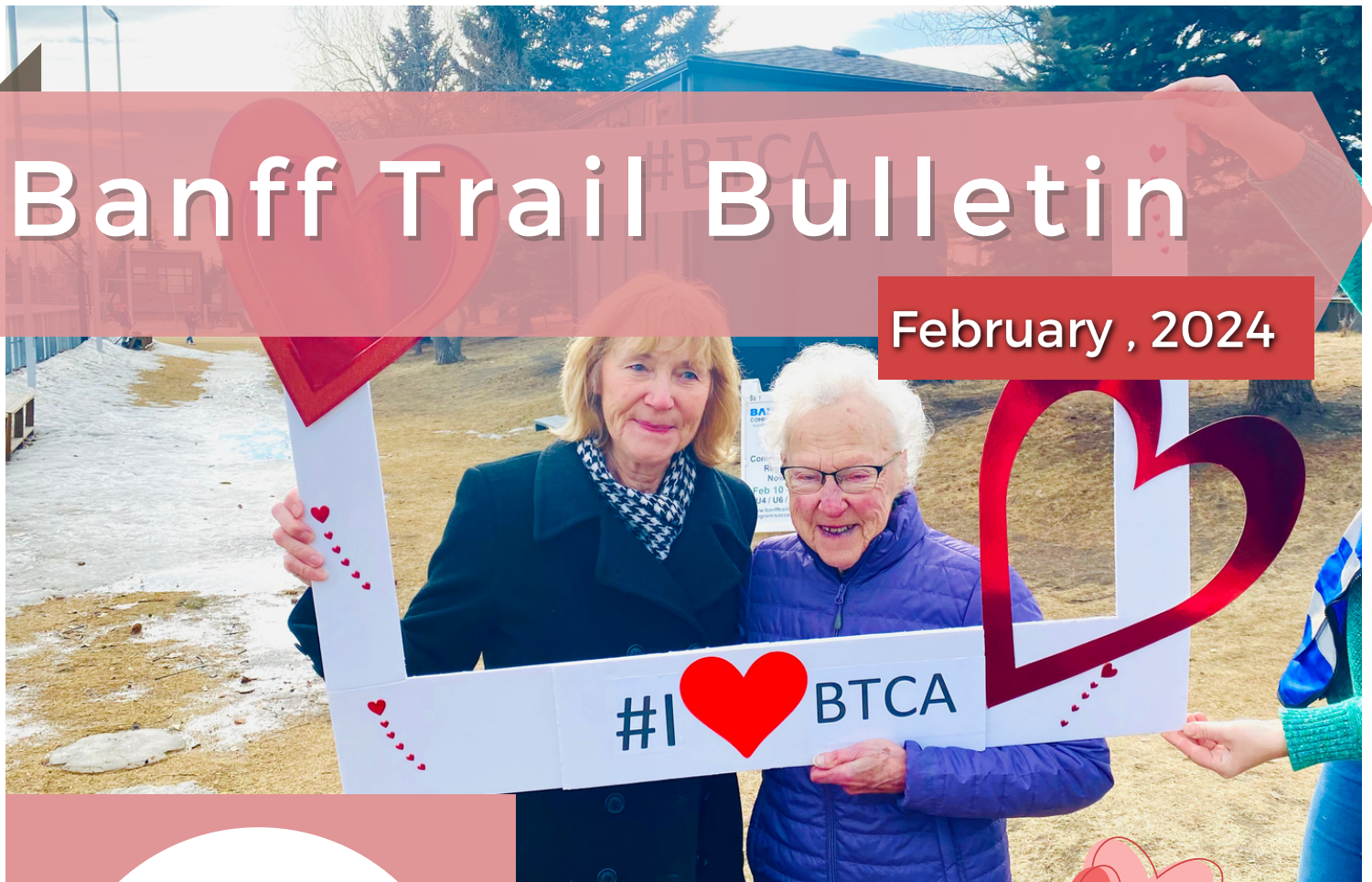


Banff Trail Bulletin

February , 2024



Banff Trail Community Association Memberships

ANNUAL MEMBERSHIPS MUST BE RENEWED ON OR AFTER MARCH 1, 2024 AND ARE FREE FOR THE YEAR FOR RESIDENTS WHO RESIDE IN THE BANFF TRAIL COMMUNITY BOUNDARIES!

IF YOU HAVE NOT RENEWED YOUR MEMBERSHIP YET, PLEASE EMAIL MEMBERSHIP@BANFFTRAILCOMMUNITY.CA OR RENEW ONLINE [HERE](#)

WE LOVE BANFF TRAIL

February is the month of LOVE and we want to hear from you, what do you love most about your community? Email communications@banfftrailcommunity.ca and let us know why you love Banff Trail!

#lovelivingNW #NWisthebest #BTCA #playattheBTCA





Soccer at BTCA



ABOUT THE PROGRAM

The Banff Trail Community Association provides a community based, volunteer run soccer program for ages 3 through 10. In addition to the benefits of fitness and fresh air, joining soccer is a great way to get to know your neighbours and for your children to make some new friends! Registration for the 2024 season as well as more information can be found on our [WEBSITE](#).

Because BTCA Soccer is a volunteer run program, at least one parent from each family is required to volunteer during the season to ensure adequate support for each team and events. If you have any questions please email soccer@banfftrailcommunity.ca!

2024 Soccer Season runs April 30th - June 20th



BANFF TRAIL
COMMUNITY ASSOCIATION

2024 SEASON

BANFF TRAIL COMMUNITY SOCCER

U4, U6, U8, U10

REGISTRATION OPEN NOW
www.banfftrailcommunity.ca

FOLLOW US ON
FACEBOOK AND INSTAGRAM FOR MORE UPDATES
@BANFFTRAILCOMMUNITY

Planning & Development

CITIZENS + STUDENTS

We have been selected as one of the communities for this year's Citizens + Students program, a program where university students will work with our community and imagine how it can grow and change. This is an opportunity to tap into academic knowledge pools and create an exciting vision for Banff Trail. Over the course of the program students will create a comprehensive report and presentation outlining their plan for their community. There will be two public sessions for community members to get involved and share their knowledge and ideas for Banff Trail. Please note that this is a separate project from the South Shaganappi Local Area Plan.



Citizens + Students

FEBRUARY 10

10 AM - 12 PM: COMMUNITY ANALYSIS WORKSHOP

APRIL 13

10 AM - 12 PM: CONCEPT PLAN OPEN HOUSE

BTCA BOARD ROOM

EMAIL: PLANNING@BANFFTRAILCOMMUNITY.CA

February Events & Activities

WHAT IS A CLOTHING SWAP?

A clothing swap, also known as a swap party or clothes exchange, is an event where individuals gather to exchange their gently used clothing items with others. The primary goal is to refresh one's wardrobe without spending money, promote sustainability by reducing clothing waste, and encourage a sense of community.

Here's some information about clothing swaps held at the Banff Trail Community Association:

How it Works:

- Participants bring clean and gently worn clothing, shoes, and accessories that they no longer need or want.
- The items are typically sorted by category (e.g., tops, bottoms, size, accessories) to make browsing easier.

Event Organization:

- Clothing swaps are organized by the events director for folks within a community
- Some clothing swaps are themed, such as focusing on specific seasons, styles, or types of clothing (e.g., athletic wear, business casual). At the BTCA we have children's, women's, and costumes near Halloween

Rules and Guidelines:

- Items should be in good condition, clean, and free from major damages.
- Items can only be brought during the events times, no earlier

Kids Clothing Swap

Feb 10th
2-4PM

Swap don't shop
A BTCA Eco Committee Initiative

Banff Trail
Community Association
2115 20 AVE NW

Benefits:

- Sustainable Fashion: Clothing swaps promote a more sustainable approach to fashion by extending the lifespan of clothing items.
- Cost-Effective: Participants can update their wardrobe without spending money.
- Community Building: Clothing swaps provide a social environment for people to connect and share fashion tips.

Donations and Leftover Items:

- Unclaimed items may be donated to local charities or organizations that support those in need.
- Some events may have a specific plan for handling leftover items, ensuring they are put to good use.

Preparation:

- Participants are encouraged to inspect and clean their items before the swap.
- Bringing reusable bags to carry selected items is advisable.

February Events & Activities

Remember to bring your refillable cups/ beverage containers for FREE hot chocolate!!

Community Skate Date

11TH FEBRUARY 2023 2-4PM

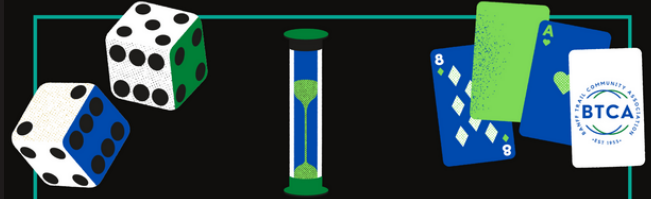
PINK HOT CHOCOLATE,
TREATS, POPCORN,
MUSIC & MORE

Monthly Events



Friday, February 23
7 pm - 9 pm

JOIN THE LADIES FOR AN ENTERTAINING EVENING FILLED WITH CONVERSATION, LAUGHTER, AND A BIT OF CARD PLAYING.



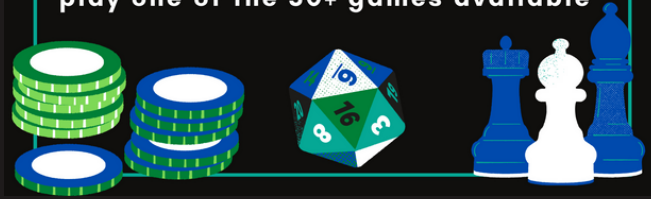
Community Board Game Night

Friday, February 9

7:00-10:00pm

2115 20 AVE NW

Hosted in Banff Trail Community Centre. Bring your favourite game or play one of the 30+ games available



TIME TO RENEW YOUR BTCA MEMBERSHIP

> FOR >

2024-2025

Banff Trail Community Association

DID YOU KNOW?

BTCA MEMBERSHIPS EXPIRE EVERY MARCH

YOUR MEMBERSHIP MUST BE RENEWED MIN 30 DAYS TO VOTE AT THE AGM

EMAIL: MEMBERSHIP@BANFFTRAILCOMMUNITY.CA TO RENEW

Spring in Banff Trail

Easter
in
**BANFF
TRAIL**

2115 20 AVE NW

Sunday, March 31, 2024

2:00pm - 5:00pm

Petting Zoo  Easter Egg Hunt  and More

Time to Get Growing!



BTCA Community Garden

IN-PERSON REGISTRATION
THURSDAY, APRIL 4, 2024
6:00 PM - 8:00 PM
BTCA BOARD ROOM
EMAIL: [GARDEN@BANFFTRAILCOMMUNITY.CA](mailto:garden@banfftrailcommunity.ca)



BTCA COMMUNITY GARDEN

Those who join the garden have access to a raised bed for their own produce and also agree to contributing to the care of the shared spaces throughout the season.

Three times a year we gather for work days (2 in the spring and one in the fall) and members also sign up for a week of garden care between May and September where they weed and water the communal spaces.

We are so thankful for all the people who happily give their time to weeding, watering, mowing and turning the compost. It takes many hands to maintain this beautiful space.

EMAIL: garden@banfftrailcommunity.ca for more info!

GOOD FOOD, GREAT PRICES!

ORDER EARLY SO YOU DON'T FORGET!

Friendly reminder that Good Food Boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: goodfoodbox@banfftrailcommunity.ca to order

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40

The next Good Food Box orders must be placed by **February 19th** for pick-up on **February 28th**.



Banff Trail Business Directory

RESTAURANTS

Cheese & Dough- Pizza
2220 20 AVE NW
Phone: 403-454-3424

[Menu](#)

The Artist Lounge
1840 20 AVE NW
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll
2826 Morley Trail NW
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese
2110 Crowchild Trail NW
Phone: 403-282-2553

[Menu](#)

COFFEE SHOPS

Weeds Cafe
1093 20th AVE NW
Phone: 403-282-7940

Higher Ground Cafe
2502 Capitol Hill Cres NW
Phone: 403-668-1175

[Menu](#)

PLUMBER

Jack Dish Plumbing & Heating Ltd.
403-835-2023
Email: info@jackdishplumbing.ca

[Website](#)

SKI/SNOWBOARD TUNING

Glide Factory
2824 Morley Trail NW
Phone: 403-402-4209
Email: theglidefactory@gmail.com

[Website](#)

CANNABIS RETAILER

Collage Cannabis
1907 20th AVE NW
403-453-1916
Email: collagecannabis@gmail.com

[Website](#)

PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)
1904 20 AVE NW
Phone: 403-500-1801

[Website](#)

NAIL SALONS

Do you own a nail salon in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

REALTORS

Paula Kahr, CIR Realty
Phone: 403-512-8836
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View
Phone: 403-617-6009
Email: prestonsgt@gmail.com

PET GROOMER

Swag
759 Northmount Dr NW
Phone: 403-289-2208

[Website](#)

LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC
Elite Counsel, Barrister & Solicitor
Wills & Estate Planning, Probate, Real Estate
403-264-0036
rolland@elitecounsel.com

[Website](#)

DOCTORS

Do you have a medical clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

Happening at the Community Association
2115 20 AVE NW

TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ www.scott-tkd.ca

BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

March 8th 8-10pm Main hall

SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

www.seedlingsspanishpreschool.com

COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

February 9th 7-10pm

YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

yel@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month **February 23rd 7-9pm, lower hall**

CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

MONTHLY BOARD MEETING

Meetings are the first Wednesday of the month.

Community members are welcome to attend meetings, on-line or in person. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca to discuss your issue in advance of the meeting.

Community feedback is always welcomed.

Join the meeting online:

<https://meet.google.com/gsd-cyzo-fhx>

Next meeting is: February 7 @ 7pm

GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the Garden Club to see how you can pitch in. In person registration happening **April 4th @6pm in our board room.**

garden@banfftrailcommunity.ca

JOIN THE BTCA EVENTS COMMITTEE

THE BANFF TRAIL EVENTS COMMITTEE IS
SEEKING MORE PEOPLE TO GET INVOLVED
HAVE IDEAS FOR EVENTS?
WANT TO HELP HOST AN EVENT IN THE
COMMUNITY?

EXAMPLES
CLOTHINGS SWAPS
SKATING PARTY
WATER FIGHTS

events@banfftrailcommunity.ca



If you have community news or information you would like included, please email communications@banfftrailcommunity.ca to have your article reviewed.

If there is information you think should be included, please let us know. We love hearing your feedback!