

Banff Trail Bulletin

November 2023



BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED
ON OR AFTER MARCH 1, 2023 AND ARE
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR
MEMBERSHIP YET, PLEASE EMAIL
MEMBERSHIP@BANFFTRAILCOMMUNITY.CA
OR RENEW ONLINE [HERE](#)

TEEN/TWEEN GAMES NIGHT

The Veterans Food Bank is in need of non-perishable food donations, and the BTCA is here to help. Throughout the month of November, we will be accepting donations. Drop off your donations at any of our November games nights.

BANFF TRAIL COMMUNITY ASSOCIATION TEEN/TWEEN BOARD GAME NIGHT

November 10th 7-9pm
2115 20AVE NW

Bring your favourite board/card
games or play one of the 30+
available.

OCTOBER EVENTS RECAP

COSTUME SWAP

The BTCA's Costume Swap: A Growing Community Initiative!

In 2020, Kevin McIntosh started the yyc halloween repurpose in Marlborough park on his front lawn. He set up a free swap system for used costumes and invited the community to participate. It started with only 20 costumes, but grew tremendously over the next three years to over 500 costumes.

In 2020, McIntosh brought this project to Banff Trail and worked with our Events director to organize a socially distanced and safe costume swap event. Although McIntosh eventually moved his grassroots initiative off his front lawn, the sentiment has remained strong in the Banff Trail community, and this year marks our third annual costume swap.

We're thrilled to share that this year's event was a huge success with nearly 30 swaps, and many people stopping by to create crafts and peruse the selection of costumes for children and adults.

COMMUNITY GAMES NIGHT

Games Nights are back!!! This is a great opportunity to socialize and have fun with friends and family. Whether you are into classic board games like Monopoly, Scrabble, or Clue, or prefer more modern games like Settlers of Catan or Ticket to Ride, there is something for everyone! If you don't have a game to bring, don't worry, there are plenty of games at the Hall to choose from.

Community games nights are open to all ages, while the teen/tween games nights are specifically for youth aged 11-17. These events are a safe and welcoming space for young people to come together and bond over friendly competition.

So mark your calendars and join us for a night of laughter, strategy, and fun!



NOVEMBER EVENTS/ACTIVITIES

NOVEMBER GAME NIGHTS

Ladies' Poker Nights are back! Ladies, get together for an evening of friendly fun and banter with your gals at the Banff Trail Community Association Ladies' Poker Night on November 24th from 7 - 9pm. No gambling or money exchange is involved, just a few rounds of cards with neighbours and friends.

Our teen/tween game nights have been going strong since September, drawing in 20-30 families per event. With over 30 board and card games available, as well as ping pong tables, there's something for everyone. The Banff Trail Community Association has obtained a grant thanks to our newly elected president, Marlise. This grant has allowed us to offer skating lessons in the winter, inline skating lessons in the summer, and purchase 2 ping pong tables for the community.

We're always looking for new ideas and activities, so please let us know if you're interested in a table tennis or ping pong night by emailing evan.gillespie@banfftrailcommunity.ca. Your input and participation are greatly appreciated!

As a community, we are collecting non-perishable food donations throughout the month of November for the Veterans Food Bank. Please consider bringing a donation to one of our game nights. Come join us for a great night of fun!



COMMITTEE MEMBERS NEEDED

JOIN THE BTCA EVENTS COMMITTEE

THE BANFF TRAIL EVENTS COMMITTEE IS
SEEKING MORE PEOPLE TO GET INVOLVED
HAVE IDEAS FOR EVENTS?
WANT TO HELP HOST AN EVENT IN THE
COMMUNITY?

EXAMPLES
CLOTHINGS SWAPS
SKATING PARTY
WATER FIGHTS

events@banfftrailcommunity.ca



BANFF TRAIL BUDDY

Fairwell spooky season! Get your pups holiday grooming booked before its too late. Swag is located at Northmount DR and 14th Street NW (759 Northmount DR SW).
403-289-2208

To have your pet featured as the monthly Banff Trail Buddy, please email membership@banfftrailcommunity.ca. Include a picture and the name of your pooch!



December Events

Banff Trail Community Association

Santa Skate

Dec 9th

**10am-1pm Crafts, Treats, Hot Dog
Roast, Pictures w/Santa**

12-1pm Skate w/ Santa



Winter in Banff Trail

BANFF TRAIL COMMUNITY ASSOCIATION

DID YOU KNOW THE BANFF TRAIL COMMUNITY RINK IS MAINTAINED BY VOLUNTEERS?

BTCA WOULD LIKE TO THANK OUR
VOLUNTEERS FOR KEEPING OUR ICE IN TIP
TOP SHAPE FOR EVERYONE TO ENJOY

MORE VOLUNTEERS ARE NEEDED TO HELP
WITH CLEARING OFF SNOW AT THE RINK AND
FLOODING

VOLUNTEER COMMITMENTS ARE APPROX 2-3
HOURS A WEEK



Be a Snow Angel

Help neighbours who may be unable to
keep their sidewalks clear this winter

Food Resources in Banff Trail



HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group, is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

REDUCE REUSE RECYCLE, ECO INITIATIVES IN BANFF TRAIL

Let's Reduce Waste and Protect the Environment at BTCA Events. When attending events held at the BTCA, please remember to bring your water bottles and fillable vessels. If you forget, we will have cups available for purchase at a small fee. Our goal is to work together to minimize our environmental impact by reducing our reliance on single-use products. Thank you for your cooperation!

We understand that it may be difficult to completely eliminate all single-use items, but every small effort counts towards a larger goal. By working together, we can create a more sustainable and eco-friendly community. Thank you for doing your part in protecting the environment.

GOOD FOOD, GREAT PRICES!

Please note that there will be a price change starting August 1st, new pricing is below. Order early so you do not forget!

Friendly reminder that Good Food Boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: goodfoodbox@banfftrailcommunity.ca to order today.

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40

The next Good Food Box orders must be placed by **November 13th** for pick-up on **November 22nd**.



BANFF TRAIL BUSINESS DIRECTORY

RESTAURANTS

Cheese & Dough- Pizza
2220 20 AVE NW
Phone: 403-454-3424

[Menu](#)

The Artist Lounge
1840 20 AVE NW
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll
2826 Morley Trail NW
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese
2110 Crowchild Trail NW
Phone: 403-282-2553

[Menu](#)

COFFEE SHOPS

Weeds Cafe
1093 20th AVE NW
Phone: 403-282-7940

Higher Ground Cafe
2502 Capitol Hill Cres NW
Phone: 403-668-1175

[Menu](#)

PLUMBER

Jack Dish Plumbing & Heating Ltd.
403-835-2023
Email: info@jackdishplumbing.ca

[Website](#)

SKI/SNOWBOARD TUNING

Glide Factory
2824 Morley Trail NW
Phone: 403-402-4209
Email: theglidefactory@gmail.com

[Website](#)

CANNABIS RETAILER

Collage Cannabis
1907 20th AVE NW
403-453-1916
Email: collagecannabis@gmail.com

[Website](#)

PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)
1904 20 AVE NW
Phone: 403-500-1801

[Website](#)

NAIL SALONS

Do you own a nail salon in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

REALTORS

Paula Kahr, CIR Realty
Phone: 403-512-8836
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View
Phone: 403-617-6009
Email: prestonsgt@gmail.com

PET GROOMER

Swag
759 Northmount Dr NW
Phone: 403-289-2208

[Website](#)

LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC
Elite Counsel, Barrister & Solicitor
Wills & Estate Planning, Probate, Real Estate
403-264-0036
rolland@elitecounsel.com

[Website](#)

DOCTORS

Do you have a medical clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

Happening at the Community Association
2115 20 AVE NW

TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ www.scott-tkd.ca

BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Nov 8th 8-10pm Main hall

SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

www.seedlingsspanishpreschool.com

COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

December 8th 7-10pm

YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

November 24th 7-9pm, lower hall

CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

MONTHLY BOARD MEETING

Meetings are the first Wednesday of the month.

Community members are welcome to attend meetings, on-line or in person. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca to discuss your issue in advance of the meeting.

Community feedback is always welcomed.

Join the meeting online:

<https://meet.google.com/gsd-cyzo-fhx>

Next meeting is: November 1, 2023 @ 7pm

GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the Garden Club to see how you can pitch in.

btcommunitygarden@gmail.com

VOLUNTEERS NEEDED!



Interested in joining us?

Did you know the BTCA board and its sub committees are all run by volunteers? Volunteers are the lifeblood of our community. Thank you to all our past and present volunteers. If you are able to give the gift of time and volunteer please email membership@banfftrailcommunity.ca

BANFF TRAIL
COMMUNITY ASSOCIATION

WE NEED HELP WITH:

- Events
- Soccer
- Bike park set up/take down
- Rink maintenance
- Casinos
- Community clean up
- Handyman/handywomen
- Photography
- Stampede BBQ
- Garden

Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email membership@banfftrailcommunity.ca to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

