

# Banff Trail Bulletin

January 2023



## BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED  
ON OR AFTER MARCH 1, 2023 AND ARE  
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR  
MEMBERSHIP YET, PLEASE EMAIL  
[MEMBERSHIP@BANFFTRAILCOMMUNITY.CA](mailto:MEMBERSHIP@BANFFTRAILCOMMUNITY.CA)  
OR RENEW ONLINE [HERE](#)

## JANUARY IS FOR SKATING

Although we've had fantastic weather this November and December, it's been challenging to plan events that involve skating. But, we're excited to announce the Sunday Funday Skating event on January 21st at the BTCA outdoor rink!





# DECEMBER EVENTS RECAP

A heartfelt appreciation goes out to each and every one of you who graced us with your presence at our Christmas Celebration! Despite the warmer weather preventing us from challenging Santa to a skating race, the day was brimming with joy. From the melodies that filled the air to the delightful snapshots with Santa and Mrs. Claus decorating cookies and engaging in Christmas crafts, every moment was a testament to the spirit of the season.

The BTCA would like to extend our sincerest gratitude to our local Edelweiss Village for their generous supply of chocolates, adding an extra sprinkle of sweetness to our event. A special acknowledgment to Ward 7 Councillor, Terry Wong, for his unwavering support, providing us with piping hot chocolate and an array of delectable treats that added to the warmth of the occasion. Thank you all for making it truly magical!



# January Events & Activities

## TEEN/TWEEN BOARD GAME NIGHT



January 12th 7-9pm  
2115 20 AVE NW

Bring your favourite  
board/card games or  
play one of the 30+  
available.

## Ladies Poker Social

JOIN THE LADIES FOR AN  
ENTERTAINING EVENING FILLED WITH  
CONVERSATION, LAUGHTER, AND A BIT  
OF CARD PLAYING.

Jan 26th, 7-9pm  
Banff Trail  
Community Association  
2115 20 AVE NW

## SUNDAY FUNDAY

FAMILY SKATING  
PARTY

JANUARY 21ST  
2-4 PM  
MUSIC, HOT CHOCOLATE,  
FIREPITS





# Upcoming Events & Activities



**Community Board Game Night**

February 9th from 7-10:00pm  
2115 20 AVE NW

Hosted in Banff Trail Community Centre. Bring your favourite game or play one of the 30+ games available

The graphic features various board game components: dice, an hourglass, playing cards, a BTCA logo, stacks of coins, a die, and chess pieces.

## Kids Clothing Swap

Feb 10th  
2-4PM



Swap don't shop

A BTCA Eco Committee Initiative

Banff Trail  
Community Association  
2115 20 AVE NW

## Community Skate Date

11TH FEBRUARY 2023 2-4PM

PINK HOT CHOCOLATE,  
TREATS, POPCORN,  
MUSIC & MORE



JOIN THE LADIES FOR AN ENTERTAINING EVENING FILLED WITH CONVERSATION, LAUGHTER, AND A BIT OF CARD PLAYING.

FEB 23RD  
7-9PM  
BANFF TRAIL COMMUNITY ASSOCIATION  
2115 20 AVE NW



# Winter in Banff Trail

BANFF TRAIL COMMUNITY ASSOCIATION

## DID YOU KNOW THE BANFF TRAIL COMMUNITY RINK IS MAINTAINED BY VOLUNTEERS?

---

BTCA WOULD LIKE TO THANK OUR  
VOLUNTEERS FOR KEEPING OUR ICE IN TIP  
TOP SHAPE FOR EVERYONE TO ENJOY

MORE VOLUNTEERS ARE NEEDED TO HELP  
WITH CLEARING OFF SNOW AT THE RINK AND  
FLOODING

Email: [rink@banfftrailcommunity.ca](mailto:rink@banfftrailcommunity.ca)

VOLUNTEER COMMITMENTS ARE APPROX 2-3  
HOURS A WEEK



## *Be a Snow Angel*

Help neighbours who may be unable to  
keep their sidewalks clear this winter



# Food Resources in Banff Trail



## HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group, is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."



# MEMBERSHIPS IMPORTANT INFORMATION

During the AGM, a decision was made to continue free membership for residents living within the Banff Trail boundaries. However, individuals outside of the community borders will be required to pay a small fee of \$10. This membership fee will allow us to host community events for both Banff Trail residents and non-residents.

New members who reside outside the Banff Trail boundaries will be required to pay a fee upon registration. However, for those who have already registered, payment will only be necessary upon renewal for the 2024/2025 term.



## GOOD FOOD, GREAT PRICES!

ORDER EARLY SO YOU DON'T FORGET!

Friendly reminder that Good Food Boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: [goodfoodbox@banfftrailcommunity.ca](mailto:goodfoodbox@banfftrailcommunity.ca) to order today.

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40



The next Good Food Box orders must be placed by **January 17th** for pick-up on **January 25th**.

A promotional graphic for the Good Food Box. The background is a close-up of several bright orange oranges. Overlaid on this is a white rectangular box with rounded corners. Inside the white box, the text reads: "TIME TO ORDER YOUR" in a small, bold, black font. Below this, "GOOD FOOD BOX" is written in a very large, bold, black font. Underneath, there are two columns of text: "ORDER BY" followed by "JAN 17" and "PICK-UP" followed by "JAN 25". To the right of these columns, there is a list of three items: "(20-25lbs) Small - \$30", "(25-30lbs) Medium - \$35", and "(35-40lbs) Large - \$40". At the bottom of the white box, the email address "EMAIL: GOODFOODBOX@BANFFTRAILCOMMUNITY.CA TO ORDER" is written in a bold, black font.



# BANFF TRAIL BUSINESS DIRECTORY

## RESTAURANTS

Cheese & Dough- Pizza  
2220 20 AVE NW  
Phone: 403-454-3424

[Menu](#)

The Artist Lounge  
1840 20 AVE NW  
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll  
2826 Morley Trail NW  
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese  
2110 Crowchild Trail NW  
Phone: 403-282-2553

[Menu](#)

## COFFEE SHOPS

Weeds Cafe  
1093 20th AVE NW  
Phone: 403-282-7940

Higher Ground Cafe  
2502 Capitol Hill Cres NW  
Phone: 403-668-1175

[Menu](#)

## PLUMBER

Jack Dish Plumbing & Heating Ltd.  
403-835-2023  
Email: info@jackdishplumbing.ca

[Website](#)

## SKI/SNOWBOARD TUNING

Glide Factory  
2824 Morley Trail NW  
Phone: 403-402-4209  
Email: theglidefactory@gmail.com

[Website](#)

## CANNABIS RETAILER

Collage Cannabis  
1907 20th AVE NW  
403-453-1916  
Email: collagecannabis@gmail.com

[Website](#)

## PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)  
1904 20 AVE NW  
Phone: 403-500-1801

[Website](#)

## NAIL SALONS

Do you own a nail salon in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## REALTORS

Paula Kahr, CIR Realty  
Phone: 403-512-8836  
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View  
Phone: 403-617-6009  
Email: prestonsgt@gmail.com

## PET GROOMER

Swag  
759 Northmount Dr NW  
Phone: 403-289-2208

[Website](#)

## LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC  
Elite Counsel, Barrister & Solicitor  
Wills & Estate Planning, Probate, Real Estate  
403-264-0036

rolland@elitecounsel.com

[Website](#)

## DOCTORS

Do you have a medical clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca



Happening at the Community Association  
2115 20 AVE NW

## TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ [www.scott-tkd.ca](http://www.scott-tkd.ca)

## BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

## TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Jan 12th 8-10pm Main hall

## SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

[www.seedlingsspanishpreschool.com](http://www.seedlingsspanishpreschool.com)

## COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

February 9th 7-10pm

## YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

## LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

January 26th 7-9pm, lower hall

## CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

## YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

## MONTHLY BOARD MEETING

Meetings are the first Wednesday of the month.

Community members are welcome to attend meetings, on-line or in person. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca to discuss your issue in advance of the meeting.

Community feedback is always welcomed.

Join the meeting online:

<https://meet.google.com/gsd-cyzo-fhx>

Next meeting is: January 10th, 2023 @ 7pm

## GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the Garden Club to see how you can pitch in.

garden@banfftrailcommunity.ca

# JOIN THE BTCA EVENTS COMMITTEE

THE BANFF TRAIL EVENTS COMMITTEE IS  
SEEKING MORE PEOPLE TO GET INVOLVED  
HAVE IDEAS FOR EVENTS?  
WANT TO HELP HOST AN EVENT IN THE  
COMMUNITY?

EXAMPLES  
CLOTHINGS SWAPS  
SKATING PARTY  
WATER FIGHTS

[events@banfftrailcommunity.ca](mailto:events@banfftrailcommunity.ca)



Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca) to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

