

Banff Trail Bulletin

October 2023



BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED
ON OR AFTER MARCH 1, 2023 AND ARE
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR
MEMBERSHIP YET, PLEASE EMAIL
MEMBERSHIP@BANFFTRAILCOMMUNITY.CA
OR RENEW ONLINE [HERE](#)

BANFF TRAIL COSTUME EXCHANGE

The Banff Trail Community Association is hosting its 3rd Costume Exchange on October 14th from 2-4pm. You do NOT need to bring a costume to participate. We encourage bringing clean, in good repair costumes or costume pieces to the exchange. This is an all ages event.



GET BOOJEE THIS
HALLOWEEN AT THE BTCA

COSTUME EXCHANGE

OCT 14 | 2-4PM

SPOOKY

BOO!



SEPTEMBER EVENTS RECAP

COMMUNITY CLEAN UP

Thank you to everyone that volunteered at the Community Clean up. Not only is this an amazing service offered by the City of Calgary that strengthens community camaraderie, the Banff Trail Community Association was able to raise \$342 from electronic recycling and \$79 in bottle donations. All funds collected go right back into community events. Plus, large garbage that may otherwise be left in ally ways are cleared up without having to pay to go to the dump. Thank you to Roses Nail Spa, Glide Factory and Kims Katsu for sharing their bathroom facilities with us for volunteers.

AGM

Thats a wrap for the 2022/2034 Board! A mix of new and old Board members were elected as your 2023/2024 Board! We had a good turn out for the AGM. Thank you to our NPC, Yana, for donating the snack trays and John Preston for the bottled waters.

It is with great pride that the past board presented financials for the the last year and highlighted initiatives undertaken by board and committee members.

MUSIC IN THE PARK

What an amazing day to close out the “Music In The Park” series, sponsored by the City of Calgary Arts and Micro-culture grant. Ribo Chicken food truck was onsite, bounce castle, balloon twister, and a phenomenal roster of musicians including Alexis Meier Duo, Jaiden Riley, and Armando Barahona entertained over 100 people.

The Events Committee would like to thank all the volunteers that helped with organizing “Music In The Park”. If you enjoyed this series we would like to hear from you! Please email events@banfftrailcommunity.ca



OCTOBER EVENTS/ACTIVITIES

OCTOBER/NOVEMBER GAME NIGHTS

The BTCA is happy to have our monthly games night series back at the hall. Our kick off to the September tween/teen board games night yielded nearly 25 kids. We have 30+ games and ping pong tables! Invite friends and neighbours to join in the fun! Interested in a specific game? Let our Events director know and we can see how we can help facilitate finding more, similarly interested players. Please consider bringing a food donation to games night!



Community Board Game Night
October 13th, 7-10pm
2115 20 AVE NW
Hosted in The Banff Trail Community Association. Bring your favourite games or play one of the 30+ games available



GET BOOJEE THIS HALLOWEEN AT THE BTCA

COSTUME EXCHANGE

OCT 14 | 2-4PM

2115 20 AVE NW

BRING OLD OR NEW COSTUMES IN GOOD REPAIR AND PICK OUT A NEW ONE.

****COSTUME DONATION NOT REQUIRED TO PARTICIPATE.**

ALL AGES WELCOME!**

GAMES, REFRESHMENTS AND TREATS

****The playground committee will be accepting bottle donations at the costume exchange, Please consider donating your empties to help replace the Banff Trail playground located behind the community association****

COMMUNITY ANNOUNCEMENTS

BIRTHDAYS

The Banff Trail Community Association would like to extend a very Happy 97th Birthday to Doreen Hammond! Doreen has lived in The Banff Trail community for 71 years and has always been an active member of the community. You can still find Doreen at our events with a great big smile on her face and always ready to enjoy the day. From the Banff Trail Community we wish you a most wonderful birthday. Cheers to you Doreen!!

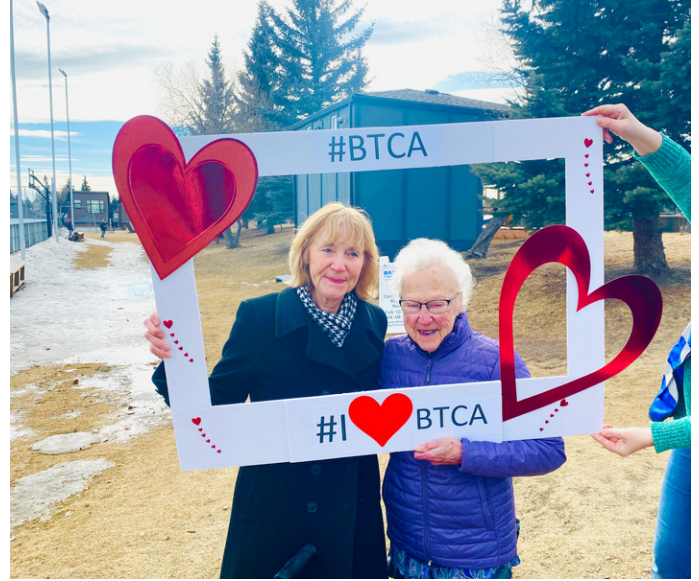


Photo courtesy of
The Globe and Mail

CONDOLENCES

We were saddened to hear that Banff Trail resident Chris Snow passed away on Saturday, September 30th. Chris' contributions to hockey are too numerous to mention but include assistance with renovation of the outdoor rink right here in Banff Trail. Chris will be greatly missed and our condolences and prayers are with his family in this difficult time.

Please consider donating to ALS research through Snowy Strong for ALS. <https://snowystrong.ca>

ANNOUNCEMENTS

Do you have a birthday, anniversary, birth, wedding, etc that you would like to share with the community? Please email membership@banfftrailcommunity.ca to have your announcement included in the Banff Trail Bulletin.

BANFF TRAIL BUDDYS

Meet salon dogs, Moose and Luther from SWAG pet grooming on Northmount DR and 14th Street NW (759 Northmount DR SW).

To have your pet featured as the monthly Banff Trail buddy please email membership@banfftrailcommunity.ca

Include a picture and the name of your pooch!



TEEN/TWEEN BOARD GAME NIGHT



**November 10th 7-9pm
2115 20AVE NW**

**Bring your favourite board/card
games or play one of the 30+
available.**

**Please consider bringing a
food donation for the
Veterans food bank to our
Oct and Nov Games nights**

Welcome the new BTCA Board



**BANFF
TRAIL
COMMUNITY
ASSOCIATION**

2023/2024 BOARD MEMBERS

Directors:

- Carleigh Sturge
- David Kowel
- Evan Gillespie
- Kathryn Davies
- Kathy Quinn-Bayrack
- Kerstin Plaxton
- Kimberley Jordan
- Mayank Gupta
- Marlise Westeinde
- Nathan Chandler
- Patrick Oscienny
- Paul Kahr
- Rolland Lequier
- Ryan Mortson
- Shelley Grenier



www.banfftrailcommunity.ca

Food Resources in Banff Trail



HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group, is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

REDUCE REUSE RECYCLE, ECO INITIATIVES IN BANFF TRAIL

Members who renewed their memberships early this year will receive 1 of 80 water bottles that were engraved with membership numbers. An email will be sent out as a reminder to pick up your new, membership water bottle at the next Banff Trail Community event! Our next event is the Costume Exchange on October 14th from 2-4pm.

Please remember to bring your water bottles and fillable vessels to events held at the BTCA. If you don't, there will be cups available for a small fee. Let's all work together to lessen our environmental impact and reduce our reliance on single use products.

GOOD FOOD GREAT PRICES!

Please note that there will be a price change starting August 1st, new pricing is below. Order early so you do not forget!

Friendly reminder that Good Food boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: btcagoodfoodbox@banfftrailcommunity.ca to order today.

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40

The next Good Food Box orders must be placed by **October 17th** for pick-up on **October 26th**.

Simple ways the BTCA is reducing waste

Water filling stations

At all of our events for 2023, attendees can bring their refillable containers to fill up on water. A single event can produce up to 200 empty water bottles. We can reduce that together



Clothing Swaps

Did you know it takes 2700 litres of water to make 1 cotton t-shirt!! That's enough drinking water for one person for 900 days. Swap don't shop. Shopping second hand saves water.

Recycling

We encourage our members who attend events to help sort compostable items, recyclables, and trash to the appropriate bins. Look for the signs above our bins to help figure out what goes where.

Reusable dishes

Our goal for 2023 is to replace single use paper and plastic plates to reusable glass ware. Less items in the landfill less garbage we produce. The BTCA hosts an estimated 4-6 large events yearly.

Reusable Water Bottles

Bring your refillable water bottles, or non disposable cups to any event to enjoy free beverages. A nominal fee will be charged moving forwards for disposable cups.

TIME TO ORDER YOUR

GOOD FOOD BOX

ORDER BY	PICK-UP
OCT 17	OCT 26

BANFF TRAIL BUSINESS DIRECTORY

RESTAURANTS

Cheese & Dough- Pizza
2220 20 AVE NW
Phone: 403-454-3424

[Menu](#)

The Artist Lounge
1840 20 AVE NW
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll
2826 Morley Trail NW
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese
2110 Crowchild Trail NW
Phone: 403-282-2553

[Menu](#)

COFFEE SHOPS

Weeds Cafe
1093 20th AVE NW
Phone: 403-282-7940

Higher Ground Cafe
2502 Capitol Hill Cres NW
Phone: 403-668-1175

[Menu](#)

PLUMBER

Jack Dish Plumbing & Heating Ltd.
403-835-2023
Email: info@jackdishplumbing.ca

[Website](#)

SKI/SNOWBOARD TUNING

Glide Factory
2824 Morley Trail NW
Phone: 403-402-4209
Email: theglidefactory@gmail.com

[Website](#)

CANNABIS RETAILER

Collage Cannabis
1907 20th AVE NW
403-453-1916
Email: collagecannabis@gmail.com

[Website](#)

PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)
1904 20 AVE NW
Phone: 403-500-1801

[Website](#)

NAIL SALONS

Do you own a nail salon in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

REALTORS

Paula Kahr, CIR Realty
Phone: 403-512-8836
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View
Phone: 403-617-6009
Email: prestonsgt@gmail.com

PET GROOMER

Swag
759 Northmount Dr NW
Phone: 403-289-2208

[Website](#)

LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC
Elite Counsel, Barrister & Solicitor
Wills & Estate Planning, Probate, Real Estate
403-264-0036

rolland@elitecounsel.com

[Website](#)

DOCTORS

Do you have a medical clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

Happening at the Community Association
2115 20 AVE NW

TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ www.scott-tkd.ca

BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Nov 8th 8-10pm Main hall

SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

www.seedlingsspanishpreschool.com

COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

October 13th 7-10pm

YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

Returning Soon, 7-9pm, lower hall

CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

MONTHLY BOARD MEETING

Meetings are every second Wednesday of the month, community members are invited to join the community board meeting. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca if you need space on the agenda. Community feedback is always welcomed.

Join the meeting online

<https://meet.google.com/gsd-cyzo-fhx>

Oct TBD 7pm

GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the garden club to see how you can pitch in.

btcommunitygarden@gmail.com

VOLUNTEERS NEEDED!



Interested in joining us?

Did you know the BTCA board and its sub committees are all run by volunteers? Volunteers are the lifeblood of our community. Thank you to all our past and present volunteers. If you are able to give the gift of time and volunteer please email membership@banfftrailcommunity.ca

BANFF TRAIL
COMMUNITY ASSOCIATION

WE NEED HELP WITH:

- Events
- Soccer
- Bike park set up/take down
- Rink maintenance
- Casinos
- Community clean up
- Handyman/handywomen
- Photography
- Stampede BBQ
- Garden

Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email membership@banfftrailcommunity.ca to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

